



Te Kura o Hau Karetu

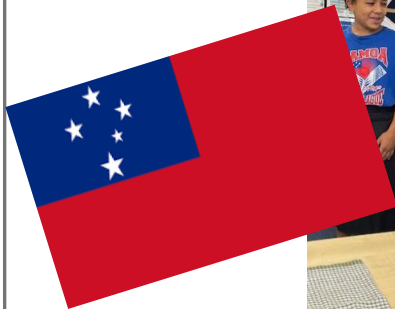
He waka eke noa: *We're all in this waka together*
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9 June 2026

Kia ora, Talofa Lava,

Nau mai, haere mai to Arlo who has started in Te Hikuwai and Malachi who has started in Ngā Pōtiki– we are so happy to have you both here. We hope you find everyone friendly.

It was Samoan Language week last week, and we celebrated in style. Teachers were lucky enough to be served by our beautiful Samoan assistants who plied us with yummy Samoan mea'ai (kai). We were treated to curried potato and lamb, potato salad, creamed mussels, and of course the famous chop suey! Thank you so much to the lovely IHAD team who cooked us all this delicious food.



Scabies: Unfortunately, we have a couple of families who have discovered they have scabies. It's such a tricky one, because once you've realised you have got an itchy rash, have it diagnosed by a medical professional, then it's too late – it's already been spread – like any bugs! Scabies are a parasitic mite and they make your skins itch because they suck your blood – just like a flea – only way more annoying because you can't see them! Scabies can be caught by anyone – just like nits. It's not because you are dirty or that your house is unclean, you can just catch them.

The following is advice from the DHB around treatment of scabies – and it **is** laborious but extremely important. Scabies will **not** go away on their own:

What to do if someone in my household has scabies:

If you or your child has an itchy rash

- between their fingers
- on the underside of their wrists
- on the outer surface of their elbows and knees
- around their waist
- on their bottom or genitals
- or under their armpits,

then you need to go straight to the doctor and get some treatment for it.

Everyone in your household will need to be treated. It's useful to make sure everyone has cut their nails and cleaned under them too. **Treat everyone on the same day and again 7 days later.** Apply scabies cream or lotion to everyone in the whānau or household on the same day, just before going to bed. Repeat the treatment for everyone 7 days later.

Thoroughly clean personal items and living spaces

On the morning after everyone in your household has been treated, do the following.

- Use a hot wash cycle for all clothing, sheets, towels, pillowcases and stuffed toys used in the past 4 days (over 50° C for more than 10 minutes).
- If you have a tumble drier, put dry items on the hottest tumble dryer setting for at least 10 minutes.
- Any clothes, linen and soft toys that can't be washed can be placed in a sealed plastic bag for 4 days, including child car seats. Vacuum adult seats in cars.
- You don't need to wash mattresses or pillows if you have used sheets and pillowcases.

- Vacuum carpeted floors and upholstered furniture every day for 4 days.

On the morning after your second treatment, do these things again.

If you don't clean your clothes, bedding and floors the mites can re-infest your whānau. If your household has had recurrent infections or treatment hasn't worked, it's important you do the things listed above.

You don't need to treat your pets – they don't spread human scabies. Using fly spray doesn't kill scabies, but it can irritate your skin.

School Treatment: We have wiped all surfaces including toys with disinfectant, put any soft furnishings or toys either in the wash or in plastic bags for four days (time isn't up yet), vacuumed, and will be having the carpets cleaned on Wednesday.

Please let me know if you discover your child has scabies – we will need to ensure that the classroom your child is in has the same treatment. We will always ensure the anonymity of your child and your family.

Further advice on treatment for scabies is contained at the end of this newsletter.

Thank you for your understanding.



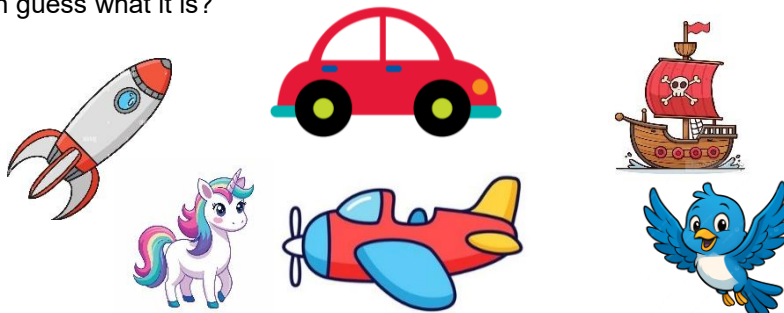
Te Reo Maori kupu of the week:

Days of the week – Ngā Rā o te wiki

Mane	Monday
Turei	Tuesday
Wenerei	Wednesday
Taite	Thursday
Paraire	Friday
Hatarei	Saturday
Rātapu	Sunday

I spy with my little eye, something that looks like...?

Can you guess what's going to be here? Is it a bird, is it a plane? It looks so exciting. Dayna is building something new, but who knows what?? I wonder if you can guess what it is?



Matariki Celebrations:

We are holding a very special celebration called Hautapu on Friday 3rd July where we will have a special ceremony to honour the stars of Matariki and will call the names of anyone special to us who has passed since the last Matariki.

We will let you know the time this will happen, closer to the date, but it's likely to be early. This will be followed by a shared Matariki breakfast in the hall. All whānau are invited.

Matariki Disco:

Our Matariki Disco will be held at 2pm on Thursday 2nd July in the hall. All students are welcome to attend. We will have a quieter space in Te Waipuna and Ngā Pōtiki for those students who wish to have a calmer experience. There will be bags of goodies on sale which will be pre-ordered. We'll advise of the cost closer to the time.



Bake Sale this Thursday 11th June at 11am:

Bring money, bring your mum and dad, bring some baking, and come and purchase some yummy baked goods. We are raising funds for the netball courts.

Got your back – T-shirt Fundraiser:

A reminder that we are collecting money for this fundraiser by the 12th June please. Please return your forms so the office can match deposited funds. It also shows sponsor's names to be included on the t-shirt if eligible.



**Te Kura o
Hau Karetu**

**GOT YOUR BACK T-SHIRT
FUNDRAISER**

TĒNĀ TĀTOU E NGĀ WHĀNAU O TŌ TĀTOU KURA

OUR KURA IS RAISING FUNDS TO RESURFACE OUR CURRENT NETBALL COURT

HOW IT WORKS:

1. CHOOSE ANY NUMBER BETWEEN 10 AND 30—THAT'S YOUR DONATION AMOUNT
2. RETURN FORM AND MONEY BY 12TH OF JUNE
3. YOUR CHILD RECEIVES A SPECIAL T-SHIRT BY 3RD OF JULY TO WEAR CARRYING THE NAMES OF THEIR SUPPORTERS

NOTE: A MINIMUM 11 NUMBERS SOLD TO QUALIFY FOR A T-SHIRT.

* FILL AN ENTIRE SHEET WITH DONATIONS AND EARN A \$50 VOUCHER!

CLASS THAT RETURNS THE MOST SPONSORSHIP WILL EARN THEMSELVES A PIZZA PARTY

NGĀ MIHI NUI MŌ TŌ TAUTOKOI!

TE MĀTĀHAE
NGĀ MATAAMUA

Bake Sale

E te whānau, tēnā, āwhina mai
Please, we need your help

He aha?! What?:
We are fundraising to resurface our Netball court

Me pēhea koutou e āwhina mai? How can you help?

Please send baked goods to the Office by Thursday morning and pūtea with your tamaiti

Āhea/ When?:
Thursday 11th June at 11am
- Whānau welcome!

Nā tōu rourou, nā tāku rourou, ka ora ai te iwi.
With your food basket and my food basket, the people will thrive.

Ngā Pōtiki made a special kakahu for Matua Mike and his wife. They presented it to them last week. Creating a kakahu is a lot of work and is made by scraping harakeke/flax, drying it out, then dyeing it. You have to make the rope/tie from harakeke as well. Before the tamariki of Ngā Pōtiki gave Matua Mike the kakahu, they all gave the kakahu a hug and gave it aroha. Matua Mike gave a speech to say thank you and how much they appreciated the kindness of their lovely gift. The Kakahu look tino ataahua (very beautiful).



Cross Country Congratulations: Well done to our Cross Country team who turned up for a beautiful day at Harcourt Park on Sunday. There were thousands of people at the park, and loads of kids running in each race. Well done to Harper, Piper, Pippi-Rose, Izaiah, Zayden, Kaitiaki, Iahana, and Bonnie, who ran hard, and finished the race to their best ability. We are so proud of you. Also, a huge thank you to Matua Shea for organising this event.



Izaiah is looking smart in his running outfit!

Zayden, Kaitiaki, Harper and Iahana, looking great ready and rearing to go!

Scabies

Health New Zealand
Te Whatu Ora

Treating yourself and your whānau

How to apply scabies cream or lotion

- Treat everyone in the house at the same time before bed, even if not itchy.
- Apply permethrin cream or lotion over all your skin. If you can't get help applying cream to your back, talk to your healthcare provider about other treatment options.
- Use enough cream or lotion to cover skin fully. Ensure enough cream or lotion for everyone in the house, and for the repeat treatment in 7 days.
 - Each treatment for an adult-sized person needs one or two bottles if they are larger.
 - Children 5-12 years; half to one bottle.
 - Children 2-5 years; quarter of a bottle.
 - For a child under 2 years; less than a quarter of a bottle.

BEFORE YOU GO TO BED - DAY 1

- Apply cream or lotion all over your skin, avoiding your eyes, nose and mouth.
- Start with your face, scalp, ears and neck, then your chest, arms and legs, including armpits, belly button, feet, toes and toenails.
- Get help to cover hard-to-reach areas like your back.
- Wash your hands, apply cream or lotion to your genital skin and between the buttocks, wash your hands again and then reapply to hands, wrists, between your fingers and under nails. Reapply if hands washed overnight.
- Leave cream overnight for 8 to 12 hours.



THE NEXT DAY

- Wash cream off. Put on clean clothes not worn for 4 days.
- Treat clothing and household items used in the last 4 days.
- See overleaf - Treat household items to stop scabies coming back.



7 DAYS LATER

- Repeat treatment exactly as Day 1 to kill newly hatched eggs and make sure scabies doesn't come back.
- Re-treat clothes and household items.



10 TO 14 DAYS LATER

- Check all household members for new itchy spots or rash.
- If new spots appear, seek advice from your healthcare provider.

Other information

If you are unable to apply cream or lotion as described, talk to your healthcare provider about other treatment like tablets. For more information, visit [info.health.nz/scabies](https://www.health.govt.nz/scabies).

Treat household items and stop scabies coming back

Scabies mites and eggs can live off the body for several days. After each personal treatment, clean clothing, bedding and household items to stop scabies coming back.

DAY 1:

Personal treatment for everyone at home. Apply cream or lotion to all your skin and leave overnight.

Follow your healthcare provider's instructions if you are taking tablets.

See overleaf - Treating yourself and your whānau.

THE NEXT DAY

After personal treatment, treat sheets, pillowcases, duvet covers, towels, facecloths, soft toys and clothing used in the last 4 days.

Choose one of the following methods to kill the mites and their eggs.



Hot wash cycle over 50°C for more than 10 minutes

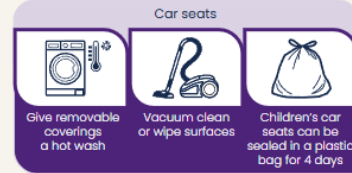
Put dry items in the dryer on HOT for at least 10 minutes

Freeze for at least 5 hours (could be overnight)

Seal in a plastic bag for 4 days

DAYS 2 TO 5:

Clean carpets, soft furnishings and car seats (adult and child). Vacuum each day for 4 days.



Give removable coverings a hot wash

Vacuum clean or wipe surfaces

Children's car seats can be sealed in a plastic bag for 4 days

DAYS 8 TO 10:

After your second personal treatment on day 7, repeat the treatment of clothing and household items exactly as before.

This resource is available from [health.govt.nz](https://www.health.govt.nz) or the Authorised Provider in your local health district

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Picking your children up at the end of the day:

We have noticed a lot of children are regularly being picked up early, **before 3pm**. We would ask that you don't do this due to:

- Children missing out on the end of day celebrations which is part of their routine
- Missing out of any notices from teachers
- Missing out on some learning that may still be happening.
- If you take your child home 15 minutes early every single day, that equates to 3000 minutes which is 50 hours which is 2 whole weeks off school in one year!

We don't mind you coming into class to wait, but please don't take them early unless it's an emergency – thank you.

Property News – You'll notice we now have two disability carparks. Please leave these parks for people with mobility parking permits only. Thank you for your understanding.



Kutu/Nits: Oh no! They're still here! 😞 Please check your child's head for lice. We've seen a few recently which means we all need to be in this together, otherwise we'll find ourselves with an infestation:

The Wet Combing Method

Wet combing is the most accurate way to check for and remove live lice and nits.

1. **Prepare:** Wash the hair, then apply a generous amount of regular hair conditioner to make combing easier and to stun the lice.
2. **Comb:** Use a fine-tooth head lice (nit) comb. Start at the scalp, comb through the hair all the way to the ends.
3. **Check:** Wipe the comb on a white tissue or paper towel after each stroke to look for lice or eggs.
4. **Repeat:** Work your way through small sections of hair across the entire head.

What to Do Next

If you spot a live louse or live nits:

- **Treat:** Wash the hair using a specialized over-the-counter or pharmacy treatment, or continue rigorous daily wet combing until no lice are found for 3 days in a row. We also have treatments at school if you require them. Just ask at the office.
- **Check Household:** Anyone living in the same house should be checked immediately.
- **Wash bedding.**

Important Notices & Reminders:

- **Peanut-Free School:** We are a **peanut-free** school. We ask that no peanut products are brought to school, including peanut butter and foods containing **peanuts**. Note that when a packet says, “may contain traces of nuts”, this is OK. Our school lunches do not contain peanuts.
- **Student Attendance expectations:** Regular attendance at school is important to your child’s success. Making sure students attend and engage in learning is a shared responsibility. As a parent, you are responsible for making sure your child attends school every day.
If your child is going to be absent for any reason, it is essential that you let us know as soon as possible. It is important that you:
 - phone on 045269552, or
 - text on 0275269552, or
 - email to: office@tehaukaretu.school.nz, or
 - message on the Skool Loop app,to confirm your child’s absence and provide us with the reason.
- **Fundraising:** If anyone is keen on being part of our PSG fundraising group, please let Roseanne or Rachel know at the office, and we’ll put you in touch with Whaea Jewel who is our PSG leader. Thank you.
- **Wet Weather** – please provide a change of clothes in your child’s bag just in case they get wet while playing. If a child is wearing gumboots, we are happy to encourage them to play on the wet grass.
- **Drop offs in the morning** – A reminder to please drop your child at the school gate, where they can walk independently into the school. For our new entrant students, or those with additional needs, you are welcome to use the carpark for drop-off.
We also ask that you take care when parking, as access can become restricted when vehicles block key areas. Our carpark space is limited, so we appreciate your support in keeping this area safe and accessible for everyone.
Thank you for your understanding and cooperation.

Ngā mihi nui,
Karen Wellington
Tumuaki/Principal

Important Dates and Events:

Week 8 8-12 June	9 th June – MIS sport’s day for year 6’s 11 th June – Bake Sale 11am – fundraising for netball courts – please bring baking and coins - \$5 will be heaps! Parents also welcome to come along. 12 th June – Got your Back T-shirt fundraising money due in.
Week 9 15-19 June	Super Hero Friday – Dress up as a super hero – you have the power to.....(make people happy, be an upstander, sing like a bird and make people happy).
Week 11 29 Jun-3 July	Matariki Disco, Thursday 2 nd July – further information coming soon Matariki Hautapu followed by Breakfast Friday 3 rd July Last day for term 2, Friday 3 rd July First day back for term 3 – Monday 20 th July